

# SS Asian Gymnastics Club Tournament 2026

## 2026 SS 亞洲體操俱樂部邀請賽

### Podium Training & Competition Schedule

Friday - May 22 2026				
Session	Competition Level	Time		
Podium Training	WAG L4 & above	16:30-18:00		
	Sportscene WAG L4 & above	18:00-19:30		
Saturday - May 23/2026				
Session	Competition Level	Time		Location
1	WAG L3 (A, B, C, D, E, F, G, H)	Registration	8:45-9:00	2/F
		Warm -up	9:00-9:20	Arena
		March in	9:20-9:30	Arena
		Competition	9:30-11:45	Arena
		Award Presentation	11:45	2/F
2	WAG L3(I, J, K, L) & WAG L6-L8	Registration	11:15-11:45	2/F
		Warm -up	11:45-12:05	Arena
		March in	12:05-12:15	Arena
		Competition	12:15-15:30	Arena
3	WAG L4-5	Award Presentation	15:30	2/F
		Registration	15:00-15:30	2/F
		Warm -up	15:30-15:50	Arena
		March in	15:50-16:00	Arena
		<b>OPEN CEREMONY</b>	<b>16:00-16:15</b>	Arena
		Competition	16:15-20:00	Arena
Award Presentation	20:00	2/F		
Sunday - May 24 2026				
Session	Competition Level	Approximated Time		
4	WAG L2 (A, B, C, D, E, F, G, H)	Registration	8:45-9:00	2/F
		Warm -up	9:00-9:20	Arena
		March in	9:20-9:30	Arena
		Competition	9:30-11:50	Arena
		Award Presentation	11:50	2/F
5	WAG L2 (I, J, K, L, M, N, O, P)	Registration	11:20-11:50	2/F
		Warm -up	11:50-12:10	Arena
		March in	12:10-12:20	Arena
		Competition	12:20-14:20	Arena
6	WAG L1 (A, B, C, D, E, F, G, H)	Award Presentation	14:20	2/F
		Registration	13:50-14:20	2/F
		Warm -up	14:20-14:40	Arena
		March in	14:40-14:50	Arena
		Competition	14:50-16:50	Arena
7	WAG L1 (I, J, K, L, M, N, O, P)	Award Presentation	16:50	2/F
		Registration	16:20-16:50	2/F
		Warm -up	16:50-17:10	Arena
		March in	17:10-17:20	Arena
		Competition	17:20-19:20	Arena
Award Presentation	19:20	2/F		
Podium Training	MAG L2 - L4	19:30-20:30		
Monday - May 25 2026				
Session	Competition Level	Approximated Time		
8	MAG L1-L4 & MAG Pre-L1	Registration	8:45-9:00	2/F
		Warm -up	9:00-9:20	Arena
		March in	9:20-9:30	Arena
		Competition	09:30-11:30	Arena
		Award Presentation	11:30	2/F
9	WAG Pre-L1	Registration	11:00-11:30	2/F
		Warm -up	11:30-11:50	Arena
		March in	11:50-12:00	Arena
		Competition	12:00-14:00	Arena
		Award Presentation	14:00	2/F