

**SPORTSCENE INTER-SCHOOL and OPEN & NOVICE
GYMNASTICS QUALIFYING COMPETITION 2026**

體育先鋒學界及公開新秀體操資格賽2026

25/1/2026(Sun)

0830-0850	報到及熱身 Roll Call & Gerenal warm-up			
0850-0900	開幕禮 Opening			
0900-0945	(1) 跳箱VT	(2)自由體操FX	(3)自由體操FX	(4)跳箱VT
	GP Grade C1	GP Grade C2	GP Grade C3	GP Grade C4
0945-1030	GP Grade C2	GP Grade C1	GP Grade C4	GP Grade C3
1030-1115	頒獎典禮Award Presentation			
1125-1145	報到及熱身 Roll Call & Gerenal warm-up			
1145-1200	開幕禮 Opening			
1200-1300	(1) 跳箱VT	(2)自由體操FX	(3)自由體操FX	(4)跳箱VT
	GP Grade C5	GP Grade C6	GS Grade C	BP Grade C
1300-1400	GP Grade C6	GP Grade C5	BP Grade C	GS Grade C
1400-1445	頒獎典禮Award Presentation			
1500-1520	報到及熱身 Roll Call & Gerenal warm-up			
1520-1530	開幕禮 Opening			
1530-1830	(1)跳箱VT	(2)單槓HB / (2)高低槓UB	(3)平衡木BB	(4)自由體操FX
	WAG Elemantary / Junior / Senior	BP Grade B / GP Grade A / WAG Novice(U9) <u>rest</u>	GS Grade B / WAG Novice(U15)	GP Grade B
	GP Grade B	WAG Elemantary / Junior / Senior	BP Grade B / GP Grade A / WAG Novice(U9)	GS Grade B / WAG Novice(U15)
	GS Grade B / WAG Novice(U15)	GP Grade B <u>rest</u>	WAG Elemantary / Junior / Senior	BP Grade B / GP Grade A / WAG Novice(U9)
	BP Grade B / GP Grade A / WAG Novice(U9)	GS Grade B <u>rest</u> / WAG Novice(U15) <u>rest</u>	GP Grade B	WAG Elemantary / Junior / Senior
1830-1915	頒獎典禮Award Presentation			