# SPORTSCENE LTD: 大年

## Sportscene – Tin Hau

## **Gymnastics Program 2024-2025**



"Gymnastics program" is a year-round activity. Program is emphasis on Fun, Challenges and Rewards. We welcome all children aged 1.5-16. We use English, Putonghua and Cantonese as the communication media. Children are separated into different groups or classes according to their ages and level. The course matches with the primary physical education syllabus. Give your child the edge of this program. Please bring him or her along to the world of fun.

#### **Our Vision:**

- 1. Children can enjoy the fun way to learn to keep them fit.
- 2. To provide a professional gymnastics program, designed to teach children fundamentals and techniques through step-by-step progression.
- 3. To help build positive learning behaviors through gymnastics.
- 4. To provide opportunities to participate in different performances and competitions.
- 5. To build up sport and team spirit in gymnasts' mind.

**Our Mission:** We strive to provide professional gymnastics programs and enhance overall physical, cognitive, social and mental well being of your child.

Our Head Coach: Ms May Kwong, a member of the HK Gymnastics Representative Squad, representative at the Asian Games 1986, the World Gymnastics Championship 1987, the Commonwealth Games 1990, All-around Champion in HK Open Gymnastics Competition 1986-1989 and Coca-Cola Outstanding Award 1989. All our coaches are dedicated to helping your child associate exercise with having a great time and developing a lifelong habit of keeping physically fit.

**Gymnastics Test Award:** Gymnasts are recommended to take part in the Sportscene Gymnastics Badges Award Scheme (13 levels). All successful gymnasts will obtain a badge and certificate.

**Class Content:** We teach the syllabus according to Sportscene Gymnastics Competition, the Interschool gymnastics competition, National Development Program; or any syllabus on basis of different competitions.

#### **Gymnastics Competition:**

Our company holds a large Gymnastics Competition every year, we encourage all our gymnasts to participate in this event and gain memorable experiences. Potential gymnasts are encouraged to participate in Inter School Competitions and other Open Competitions.

Training Venue: 27/F Parkview Center, 7 Lau Li Street, Causeway Bay, Hong Kong

Class Code	Class	Age	Fee (Charge in 2 months)
GYM 101	Gym Fun (45 min)	1.5 - 3 yr	\$ 260 / Lessons
GYM 102	Level 1 (60 min)	Class A : 3 - 5 yr Class B : 6 – 12 yr	\$ 250 / Lesson (once a week) \$ 240 / Lesson (twice a week)
GYM 103	Level 2 (90 min)	6 yr or above	\$ 305 / Lesson (once a week)
GYM 104	Level 3 (90 min)	6 yr or above & Coach recommendation	\$ 290 / Lesson (twice a week)
GYM 105A	Level 4A (120 min/lesson)	8 yr or above &	\$ 385 / Lesson (once a week)
GYM 105B	Level 4B (120 min/lesson)	Coach recommendation	\$ 370 / Lesson (twice a week)
GYM 106A	Level 5A (150 min/lesson)		\$ 470 / Lesson (once a week)
GYM 106B	Level 5B (150 min/lesson)	Coach recommendation &	\$ 430 / Lesson (twice a week)
GYM 107	Gymnastics Team A / B	Training at AISHK	\$ 150 / hr (at least 7.5hr a week)



### TIMETABLE @TIN HAU TRAINING CENTER

2024-2025 Update: Jun 2024

	2024 2025 - Cpaute . Jun 2024						
	MON	TUE	WED	THU	FRI	SAT	SUN
0900						Level 1B 0900-1000	
1000		Gym Fun 1000-1045	**Level 1A 1000-1100 or **Gym Fun	**Level 1A & 1Ba 1000-1100	Level 1A & 1Ba 1000-1100	Level 2 & 3 0900-1030	**Level 1B 1000-1100
1100		**Gym Fun 1100-1145	1030-1115	-	**Level 2 1000-1130	Level 1A & 1Ba 1030-1130	**Level 2 & 3 1100-1230
1200	**Level 1A & 1Ba	4				Level 2 & 3 1130-1300	**Level 4 1100-1300
1300	1230-1330 **Level 2 & 3 1230-1400			**Level 1A & 1Ba 1230-1330	**Level 1A & 1Ba 1230-1330	Level 4 1130-1330	Level 1A,1B&1B 1300-1400
1400		**Level 1A &		**Level 1A & 1Ba 1330-1430		Level 1A,1Ba &1B 1330-1430	Level 2 & 3
1500	**Level 1A & 1Ba 1500-1600	1Ba 1430-1530	Level 1A & 1Ba 1500-1600	**Level 1A & 1Ba 1430-1530	**Gym Fun 1400-1445	Level 1B 1430-1530 Level 2 & 3	1400-1530 Level 4 1400-1600
1600	Level 1B	Level 1A & 1Ba 1530-1630	Level 1Ba & 1B	Level 1A & 1Ba 1530-1630	Gym Fun 1530-1615	1430-1600 Level 1A,1Ba &1B	
1000	1600-1700	Level 1A & 1Ba 1630-1730	1600-1700	Level 1Ba & 1B 1630-1730	Level 1A & 1Ba 1630-1730	1600-1700	
1700	Level 1A & 1Ba 1700-1800		Level 1A & 1Ba 1700-1800		Level 1B	Level 1B 1700-1800	
1800		Level 1Ba & 1B 1730-1830		Level 1B 1730-1830	1730-1830 Level 2 & 3 1730-1900	Level 2 & 3 1700-1830	
1900	Level 2 & 3 1800-1930 **Level 4 & 5 1800-2000	Level 2 & 3	Level 2 & 3 1800-1930 Level 4 & 5 1800-2000	Level 2 & 3	Level 1B	Level 2 & 3	
2000	1000-2000	1830-2000 **Level 4 1830-2030	1000-2000	1830-2000 Level 4 & 5 1830-2030	1900-2000 Level 2 & 3 1900-2030	1830-2000 Level 4 & 5 1830-2030	
2100							

For further enquiries, please call 2757 4324. Spaces are limited! First come, first serve!

Give your child the edge of this program Please bring him or her along and join our world of fun!!!



<sup>\* \*</sup>New Class ( to be confirmed )

<sup>#</sup> Cleansing and sanitizing will be conducted at the last 5 minutes of each class.



# **Sportscene Training Centre**

**SPCTC** 

Centre: Parkview Center – Tin Hau

APPLICATION FORM					
Student Name:		(Eng)	(Chi)		
Date of Birth:		Age:	Gender: M / F		
Name of School:			Grade:		
□had /□had not leant gy	mnastics at	for(year/month)got	Badge at Level		
Remarks:					
Information of Parent/C	Guardian				
		Contact Te	el.:		
Name of Mother:		Contact Te	el.:		
Email Address:		□I agree to receiv	re email from Sportscene.		
		Home T			
Emergency Contact					
		(Eng)	(Chi)		
		Relationship:			
Common Information					
Course Information	Т'	C	4 D-4		
		Commencemen			
Course Schedule: Every	Time:	Commencemen			
Payment Methods:		Total Amount: \$	_+\$100 Annual Admin Fee		
•	n noveble to "SDODTSCENE I	TD " with student's name and	contact toll at the healt Post		
1. Crossed cheque with payable to "SPORTSCENE LTD." with student's name and contact tel at the back. Post to: "27/F, Parkview center, 7 Lau Li Street, Causeway Bay, Hong Kong."					
	28-416-253-838 (Receipt fax to				
		ttend the above activities. I will	not hold SPORTSCENE I td		
	•				
respons these co		d or damages or loss to property	as a result of participation in		
Name of					
Parent/Guardian:	Signature:	Date:			

**Sportscene Hotline:** 2757-4324 **Fax:** 2549-6041 **Website:** www.sportscene.com.hk

Office Hour: Mon to Sat (9:00am to 8:00pm)

Spaces are limit and first come first serve!

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SPCTC

#### TERMS & CONDITIONS OF REGISTRATION

#### Course Fee

- 1. Administration Fee will be charged per annum for all sports program.
- 2. Fees paid are non-refundable and non-transferable unless a class is full or cancelled
- 3. Fees for all year-round regular classes are paid in 2-month. Payment for the next term should be made on or before the last class of the current month, otherwise the enrolment would be deemed cancelled.
- 4. The Centre reserves the right to make personnel changes in accordance with their administration needs. The Centre will not entertain parents' complaints or request for refund of school fees as a result of suchpersonnel changes.
- 5. No lessons on Public Holidays
- 6. In case of insufficient enrolment for a class/course, the Centre reserves the right to cancel the class/course. Parents will be notified in such a case

#### Absence and Substitute Lessons

- 1. No substitute lessons or refund of school fees will be arranged in cases of absence without leave, absence due to sickness or withdrawal from the course.
- 2. In any circumstance, NO make-up arrangement for Gym Fun class.
- 3. Please send the written absent notice by fax/email/hand before class if a student cannot attend his/herclass.
- 4. No substitute lessons can be arranged if there is no written absent notice.
- 5. Fees charge in 2-month base and maximum 2 lessons can be deducted with at least one-month notice.
- 6. If a student requires leave of one month or more, Sportscene has the rights to call waiting list forreplacement, no place will be reserved.
- 7. Once absent has been remarked on a date, no substitute lesson can be made on the same day. The centerhas the right to reject any comers without notification.
- 8. Substitute lessons can be made within 3-paid-month. All substitute lessons must be applied in writtenformat and have to get the approval of the center. Expired substitute lesson will be cancelled automatically. The Centre reserves the right to determine arrangements for substitute lessons at their own discretion.

#### Disclaimer

- 1. The Centre shall not be responsible or liable for any loss or damage to any property which took place at the Centre.
- 2. Timetables, fees and terms & conditions are subject to change without prior notification.
- 3. The Centre retains the copyright of all images and videos taken of enrolled students during classes. The Centre reserves the right to exhibit, publish or broadcast images or videos taken of enrolled students forpublic viewing. Students and parents may contact the Centre if they object to such uses.
- 4. Notwithstanding the above, in case of any dispute, the decision of the Centre shall be final.

#### Arrangements for Tropical Cyclones and Heavy Persistent Rain

- 1. \*Classes will be suspended 2 hours before the Black Rainstorm signal or Typhoon signal No. 8 (or above) is/are in force. There is no refund or make-up classes when the class is suspended due to bad weather.
- 2. If Typhoon No. 8 or Black Rainstorm warning is cancelled, all \*classes will remain normal after 2 hours. However, if the notification announced at 5pm, all classes will still be suspended on that day. Parents can decide whether attend the class or not. Sportscene has the rights in deciding whether the class on or not depends on specific circumstances in venue.

\*refer to the class starting time

~Please Turn Over~Page 2 of 3

**SPCTC** 

#### **Email Disclaimer**

- 1. The information in this and any emails sent by Sportscene Limited and any attachment is confidential and intended solely for the attention and use of the named addressee(s). This information may be subject to legal, professional or other privilege and further distribution of it is strictly prohibited without our authority.
- 2. If you are not the intended recipient, you may not read, print, copy, distribute or disclose its content to any person or entity, use it for any purpose or store or copy the information in any medium.
- 3. If you have received it in error, please notify the sender immediately and delete the message from your system(s).
- 4. Attachments to email messages may contain viruses that may damage your system. Whilst we have taken every reasonable precaution to minimise this risk, we cannot accept any liability for any damage which you sustain as a result of these factors. You are advised to carry out your own virus checks before opening any attachment.
- 5. Sportscene will not use the email address as merchandise or re-sell purpose.
- 6. Incoming and outgoing email messages are routinely monitored for compliance with our policy on the use of electronic communications.

Name of Student:	Date:
Name of Parent/Guardian:	Signature:
	<u> </u>

~End of the application~

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Please return 3 pages for enrolment