

Class Schedules

Location: Tin Hau

Training Center: Parkview Center

Activities: Gymnastics

Training Times: Mon-Sat 9:00am - 8:30pm & Sun 1:00pm - 4:00pm

Information & Application Method: For enquiry, please call us at 27574324.

Click [here](#) for Class Schedule & Application Form

Location: Causeway Bay

Training Center: South China Athletic Association

Activities: Gymnastics

Training Times: Tue 6:00pm-8:00pm; Sat 2:00pm-4:30pm & Sun 10:00am-12:30pm

Activities: Trampoline

Training Times: Sat 4:30pm-6:30pm

Information & Application Method: For queries, please contact us at 27574324 or 25775367.

SCAA Website: <https://member.scaa.org.hk/tc/course/8>

Location: Tai Tam

Training Center: Hong Kong Parkview

Activities: Gymnastics

Training Times: Wed 3:15pm – 4:00pm (1.5 – 3 years old)

4:00pm – 5:00pm (3 – 5 years old)

5:00pm – 6:00pm (6 – 12 years old)

6:00pm – 7:00pm (6 year old or above with Australian National Program Level 2 or above / with coach recommendation)

Information & Application Method: For enquiry, please call us at 27574324.

Click [here](#) for Class Schedule & Application Form

Location: Happy Valley


Training Center: Hong Kong Jockey Club

Activities: Gymnastics

Training Times: Thu 4:15pm-6:00pm

Information & Application Method : [For members and accompany guest only]

For queries, please contact the club.



Location: Cyberport
Training Center: Bel-Air Club
Activities: Gymnastics
Training Times: Tue 3:15pm-7:30pm
Information & Application Method : (For members only)
For enquiry, please contact us at 27574324.

Location: Heng Fa Chuen
Training Center: Heng Fa Chuen Club
Activities: Gymnastics
Training Times: Mon 5:30pm-7:30pm Wed 5:30pm-7:30pm
Information & Application Method : [For members and accompany guest only]
For queries, please contact the club.

Location: Tai Tam
Training Center: American Club
Activities: Gymnastics
Training Times: Wed & Thu
Level 1 2:45-3:30pm;
Level 2 3:30pm-4:30pm ;
Intermediate 4:30-5:45pm ;
Advanced 5:45pm-7:15pm
Information & Application Method : [For members and accompany guest only]For queries,
please contact the club. <http://www.americanclubhk.com/>

Location: Aberdeen
Training Center: Aberdeen Marina Club
Activities: Gymnastics
Training Times: Tue 3:00pm-4:30pm ; Sat 9:00am-12:30pm; & Sun 9:00am-12:00am
Information & Application Method : [For member and accompany guest only]
For enquiries, please refer to the club.
Website : <http://www.aberdeenmarinaclub.com/eng/index.aspx>

Location: Sai Wan
Training Center: Belcher's Club
Activities: Gymnastics
Training Times: Fri 4:00pm-8:30pm
Information & Application Method : [For member and accompany guest only]



For queries, please contact the us at 2757 4324.

Location: Sai Wan

Training Center: Belcher's Club

Activities: Badminton

Training Times: Mon 4:00pm-9:30pm ; Thu 4:30pm-8:00pm

Information & Application Method : [For member and accompany guest only]

For queries, please contact us at 2757 4324.