



體育先鋒

暑期活力競技體操班 2023



暑期將至，為了讓小朋友有一愉快充實的假期，本機構將於暑假舉行活力動感體操班。本課程透過遊戲及各種活動，訓練學員的正確跑姿、跳姿、平衡能力、柔軟體操及基本翻騰動作等。並使學員領略群體合作精神及能培養兒童的敏銳感、成功感、自律性及自信心。本課程歡迎 3-12 歲之不同國籍學員參加，教師以英語、國語及粵語授課，導師將根據各學員的年齡、程度編入不同的組別。本課程與小學體育課程銜接。

課程目的:

本課程透過專業訓練，令學員在暑假期間有一健康的課外活動，促使身心均衡發展，培養良好的運動習慣。

教練師資:

本機構之課程總監及體操總教練鄺美芳小姐 MAY，1986 年亞運代表，1987 年世界錦標賽代表，1989 年聯邦運動會代表，1986-89 年全港體操個人全能冠軍獎及 1989 年更榮獲可口可樂十大傑出運動員，現更為英國及香港業餘體操協會教練及考官，廣州體育學院教師協會會員。所有 SPORTSCENE 教練亦經過專業訓練，具豐富教學經驗，著重兒童心理及生理發展。



**** 出席率逾 80%之學員均可獲頒發證書乙張，證書將於最後一堂頒發****

日期	星期	時間	對象	費用
第一期: 3/7-31/7	一及五	星期一 5:00-6:00pm/ 星期一 6:00-7:00pm 及 星期五 5:45-6:45pm/ 星期五 6:45-7:45pm	Camp A: 3-5 歲 Camp B: 6-12 歲	\$2070/9 堂
第二期: 1/8-28/8				\$1840/8 堂
第一期: 6/7-29/7	四及六	星期四 5:30-6:30pm 及 星期六 1:00-2:00pm / 星期六 2:00-3:00pm		\$1840/8 堂
第二期: 3/8-31/8				\$2070/9 堂

截止報名日期:開課前三天

課程內容:

Level 1A (3-5 歲) - 學習基本體操動作，如身體控制、平衡、跳步、一字碼、拱橋、滾翻動作、體能活動及遊戲。

Level 1B (6-12 歲) - 學習基本體操動作，如前後滾翻、側手翻、手倒立、轉體動作及基本器械訓練，如平衡木、跳箱、彈網及體能訓練等等。

上課地點：九龍塘羅福道 3A 香港澳洲國際學校四樓體育館

查詢電話：2757 4324

傳真號碼：2549 6041

體育先鋒網址: www.sportscene.com.hk

**** 名額有限，額滿即止! ****



Summer Artistic Gymnastics Program

2023



In today's society there is a need for physical activity in the development of young people. A program of regular exercise is absolutely necessary for your child to grow and develop into a healthy and fitter member of the community. We use English, Putonghua and Cantonese as the communication media. Children are grouped into different classes according to their ages and level. Through games and activities, children can learn team spirit, develop a positive learning attitude and strengthen their penetration, gratification and satisfaction. The course matches with the primary physical education syllabus.

Our Mission:

We strive to provide professional gymnastics programs and enhance overall physical, cognitive, social and mental well being of your child.

Our Coaches:

Ms. May Kwong, a member of the HK Gymnastics Representative Squad, representative at the Asian Games 1986, the World Gymnastics Championship 1987, the Commonwealth Games 1990, All-around Champion in HK Open Gymnastics Competition 1986-1989 and Coca-Cola Outstanding Award 1989. **All our coaches are dedicated to helping your child associate exercise with having a great time and developing a lifelong habit of keeping physically fit.**



**** Gymnasts attend more than 80% can be awarded a certificate at the last lesson.****

Date	Day	Time	Target	Fee
Term 1: 3/7-31/7	Mon & Fri	Mon 5:00-6:00pm/ Mon 6:00-7:00pm & Fri 5:45-6:45pm/ Fri 6:45-7:45pm	Camp A: 3-5yr old Camp B: 6-12yr old	\$2070/9session
Term 2: 1/8-28/8				\$1840/8session
Term 1: 6/7-29/7	Thu & Sat	Thu 5:30-6:30pm & Sat 1:00-2:00pm / Sat 2:00-3:00pm		\$1840/8session
Term 2: 3/8-31/8				\$2070/9session

Application Deadline: 3days before program start

Class Content:

Level 1A (Age 3-5) – Emphasis is placed upon form, flexibility, strength, and basic floor exercise such as forward, backward roll, basic jump, balance and landing skills.

Level 1B (Age 6-12) – Control strength development of handstand position, power and technique in cartwheel, handstand forward roll, and the combination of all single movement.

Training Center: 4/F Gymnasium, 3A Norfolk Road, Australian International School, Hong Kong

Enquiry Tel: 2757 4324

Fax: 2549 6041

Sportscene website: www.sportscene.com.hk

**** Spaces are limited! First Come, First Serve! ****

上課地點: 香港澳洲國際學校四樓體育館

申請表

學生姓名: _____ (中) _____ (英)
出生日期: _____ 年齡: _____ 性別: 男 / 女
就讀學校: _____ 年級: _____
☐曾 / ☐不曾 參加體操訓練班(訓練地點 _____ 期間 _____ 考核級別 _____)
備註欄: _____

家長／監護人資料

父親姓名: _____ 聯絡電話: _____ 母親姓名: _____ 聯絡電話: _____
電郵地址: _____ ☐本人同意以此電郵收取本公司資訊
地址: _____ 住址電話: _____

緊急聯絡資料

姓名: _____ (中文) _____ (English)
電話 _____ 與學生關係 _____

報讀課程

上課日期: 逢星期 _____ 時間: 下午/上午 _____ 開始日期: _____
上課日期: 逢星期 _____ 時間: 下午/上午 _____ 開始日期: _____
合共費用: _____ +100(行政費)

繳費方法

- 支票抬頭請寫 (體育先鋒有限公司) 背後寫上學生姓名及聯絡電話,
郵寄地址: 香港銅鑼灣天后琉璃街 7 號柏景中心 27 字樓.
- 存入匯豐銀行 /Payme 至(004)028-416253-838 或轉數快 64113706 並把入數紙傳真/電郵到本公司.

本人聲明敝子弟 _____ 的健康及體能良好,適宜參加上述運動,如果申請人因她或他的疏忽或健康體能欠佳,而引致於參加這項運動時傷亡,體育先鋒或其職員將無需負責.

家長及監護人姓名: _____ 簽名: _____ 日期: _____

查詢熱線: 請致電 2757 4324 傳真: 2549 6041 網頁: www.sportscene.com.hk

辦公時間: 星期一至六 (上午九時至下午八時)

~~課程名額有限,請從速報名!~~

報名須知

學費

1. 每年繳交行政費一次。
2. 已繳交的學費，除課程額滿或取消外，一概不予退還或轉讓。
3. 本中心有權因行政理由而更改任教之導師，家長不得爭議或要求退款。
4. 公眾假期停課。
5. 如報名人數不足，本中心有權取消課程，中心職員會致電通知家長。

缺席、扣堂或補堂

1. 如學員缺課，將不會獲發還該堂之學費或補堂。
2. 如當天未能出席課堂者，必須於上課前以電郵/傳真/親臨本中心遞交請假紙。
3. 如沒有請假紙的缺席課堂將不獲安排補課。
4. 暑期班不設扣堂。
5. 一經請假，學生不可於當日安排補課；未經通知自行前往上課者，本中心將有權拒絕其上課安排。
6. 暑期班補課必須於該學期內安排，並必須預先以文字遞交補堂申請，逾期會被自動取消(本中心擁有最終補課安排決定權)。

免責聲明

1. 任何於本中心內發生之財物損失或毀壞，“Sportscene Limited”概不承擔任何義務、責任 或法律責任。
2. 所有課程時間表、學費或條款上的更改將不作事先通知。
3. 本中心保留刊登參加者活動照片之權利。本中心將可能把有關相片或錄像公開展出、刊登或播放，若參加者不希望被拍攝，可直接向活動負責人反映。
4. 如有任何爭議，本中心保留一切最終決定權。
5. 本中心會為部份小組進行攝、錄影，以作紀錄及宣傳之用。如參加者不欲攝入鏡頭內，請通知本中心職員，以作妥善安排。此外為保障私隱，家長自行錄影及拍照前請告知本中心職員，請勿將其他人士攝入鏡頭內，亦需避免阻延活動進行。

颱風及暴雨安排

1. 如天文台於課程前兩小時已懸掛八號或以上颱風訊號或黑色暴雨警告訊號，該節課堂將會停課，並不作另行補課；
2. 如天文台除下黑色暴雨訊號或八號颱風訊號後，所有課程將於兩小時後恢復正常。家長亦須因應各自情況而自行決定上課，而本公司亦有權因應個別場地情況作出特別安排。

電郵免責聲明

1. 本聲明內所有資訊及體育先鋒有限公司發出的任何電郵及任何附件均屬機密性質，並僅供指定收信人收取及使用。
本資訊受法律、專業或其他特權所規限。未經授權，禁止對外分發。
2. 若您並非準收件人，則不得閱讀、列印、複製、分發或披露本內容予任何人士或實體、用作任何目的或在任何媒介中複製有關資訊。
3. 若錯誤收到此訊息，請立即通知寄件人，並從您的所有系統中刪除訊息。
4. 電郵訊息的附件或載有損害您系統的病毒。我們已採取所有適當預防措施，將風險減至最少，但我們不會為您因該等因素而引致的任何損害承擔任何責任。我們建議您開啟任何附件前先自行執行病毒檢查。
5. 本公司絕不會把電郵地址用作推銷及轉售用途。
6. 我們遵從有關使用電子通訊的政策規定，例行監察收取及送出的電郵訊息。

* 若對有關上課情況有任何疑問，請致電本中心向職員查詢

家長簽署

(家長姓名：)

日期

Centre: Australian International School Hong Kong

APPLICATION FORM

Student Name: _____ (Eng) _____ (Chi)

Date of Birth: _____ Age: _____ Gender: M / F

Name of School: _____ Grade: _____

☐ had / ☐ had not learnt gymnastics at _____ for _____ (year/month) got Badge at Level _____

Remarks: _____

Information of Parent/Guardian

Name of Father: _____ Contact Tel.: _____

Name of Mother: _____ Contact Tel.: _____

Email Address: _____ ☐ I agree to receive email from Sportscene.

Address: _____ Home Tel: _____

Emergency Contact

Name: _____ (Eng) _____ (Chi)

Contact Tel: _____ Relationship: _____

Course Information

Course Schedule: Every _____ Time: _____ Commencement Date: _____

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Total Amount: \$ _____ + \$100 Annual Admin Fee

Payment Methods:

1. Crossed cheque with payable to "SPORTSCENE LTD." with student's name and contact tel at the back. Post to : "27/F, Parkview center, 7 Lau Li Street, Causeway Bay, Hong Kong."
2. E-banking/Payme to HSBC 028-416-253-838/FPS 64113706 (*Receipt fax to Sportscene*)

Consent Detail: I agree that my child is in health to attend the above activities. I will not hold SPORTSCENE Ltd. responsible for any injury to my child or damages or loss to property as a result of participation in these courses.

Name of

Parent/Guardian: _____ Signature: _____ Date: _____

Sportscene Hotline: 2757-4324 Fax: 2549-6041 Website: www.sportscene.com.hk

Office Hour: Mon to Sat (9:00am to 8:00pm)

Spaces are limit and first come first serve!

TERMS & CONDITIONS OF REGISTRATION

Course Fee

1. An administration Fee will be charged per annum for all sports program.
2. Fees paid are non-refundable and non-transferable unless a class is full or cancelled
3. The Centre reserves the right to make personnel changes in accordance with their administration needs. The Centre will not entertain parents' complaints or request for refund of school fees as a result of such personnel changes.
4. No lessons on Public Holidays
5. In case of insufficient enrollment for a class/course, the Centre reserves the right to cancel the class/course. Parents will be notified in such a case

Absence and Substitute Lessons

1. No substitute lessons or refund of school fees will be arranged in cases of absence without leave, absence due to sickness or withdrawal from the course.
2. Please send the written absent notice by fax/email/hand before class if a student cannot attend his/her class.
3. No substitute lessons can be arranged if there is no written absent notice.
4. No deduction of tuition fee for unattended lesson(s).
5. Once absent has been remarked on a date, no substitute lesson can be made on the same day. The center has the right to reject any comers without notification.
6. Substitute lessons have to be made within the term of program. Expired substitute lesson will be cancelled automatically. The Centre reserves the right to determine arrangements for substitute lessons at their own discretion.

Disclaimer

1. The Centre shall not be responsible or liable for any loss or damage to any property which took place at the Centre.
2. Timetables, fees and terms & conditions are subject to change without prior notification.
3. The Centre retains the copyright of all images and videos taken of enrolled students during classes. The Centre reserves the right to exhibit, publish or broadcast images or videos taken of enrolled students for public viewing. Students and parents may contact the Centre if they object to such uses.
4. Notwithstanding the above, in case of any dispute, the decision of the Centre shall be final.
5. We will take photos or video for our record and promotional use. For those who don't want to be photographed, please feel free to inform us in advance. Under the privacy policy, photo taking is prohibited unless further permission. To avoid any inconvenience, please do not photograph someone else in the photo/video.

Arrangements for Tropical Cyclones and Heavy Persistent Rain

1. If Typhoon No. 8 or Black Rainstorm warning is hoisted 2 hours before the lesson, then the class will be suspended with no refund or make-up classes.
2. If Typhoon No. 8 or Black Rainstorm warning is cancelled, all classes will remain normal after 2 hours. Parents can decide whether attend the class or not. Sportscene has the rights in deciding whether the class on or not depends on specific circumstances in venue.

~Please Turn Over~

Email Disclaimer

1. The information in this and any emails sent by Sportscene Limited and any attachment is confidential and intended solely for the attention and use of the named addressee(s). This information may be subject to legal, professional or other privilege and further distribution of it is strictly prohibited without our authority.
2. If you are not the intended recipient, you may not read, print, copy, distribute or disclose its content to any person or entity, use it for any purpose or store or copy the information in any medium.
3. If you have received it in error, please notify the sender immediately and delete the message from your system(s).
4. Attachments to email messages may contain viruses that may damage your system. Whilst we have taken every reasonable precaution to minimise this risk, we cannot accept any liability for any damage which you sustain as a result of these factors. You are advised to carry out your own virus checks before opening any attachment.
5. Sportscene will not use the email address as merchandise or re-sell purpose.
6. Incoming and outgoing email messages are routinely monitored for compliance with our policy on the use of electronic communications.

Name of

Parent/Guardian: _____ Signature: _____ Date: _____

~End of the application~