

# 聖誕體操日營

## Christmas Gym Camp 2022



競技體操及彈網



競技遊戲



健美體操

藝術體操



啦啦操



聖誕節快將來臨，本機構特別設計「聖誕體操日營」，讓學員於聖誕假期中學習多項體操運動。透過專業體操訓練，可培養學員之興趣，更可訓練學員之領導才能及團體合作精神。

### 日營內容:

- 競技體操 - 學習翻騰、滾動、平衡、跳躍及器械訓練(平衡木、木箱、槓、小彈網等)
- 健美體操 - 學習步法並配合音樂進行
- 藝術體操 - 以徒手操、球、圈、繩及絲帶並配合音樂進行
- 綜合競技遊戲、啦啦操、障礙遊戲及體能訓練



上課地點: 天后訓練中心 - 天后柏景中心27樓

截止報名日期: 10/12/2022

### 課程內容:

Camp	日期	時間	對象*	費用
Camp A	20-23/12/2022 (共 4 日)	11:00-13:00	3-5 歲 / 6-12 歲	\$400/日或 \$1560/4 日
Camp B	28-30/12/2022 (共 3 日)			\$400/日或 \$1170/3 日

\*學員將分組進行訓練

# 聖誕體操日營



## Christmas Gym Camp 2022



**Artistic Gym, Trampoline**



**Obstacle Games**



**Aerobic Gym**

**Rhythmic Gym**



**Cheer Dance**



Christmas is coming! We have designed a **Christmas Gym Camp** for your children in order to have multi-gym trainings during the holiday!

Through the professional training, children can learn the basic gymnastics techniques, as well as the leadership and team spirit.

### Camp Description:

- Artistic Gym: Rolling, Balancing, Flexibility, Jumping and Apparatus training (e.g. beam, box, bar and mini-trampoline)
- Aerobic Gym: Skipping and dancing according to music
- Rhythmic Gym: Free-standing exercise and use ball, hoops, ribbon and rope under music
- Comprehensive games, cheer dance, obstacles and physical exercise training



**Venue:** Tin Hau Training Center – 27/F Parkview Center, Tin Hau

Application Deadline: 10/12/2022

### Class Content:

Camp	Date	Time	Target*	Fee
Camp A	20-23/12/2022 (Total 4 Days)	11:00-13:00	3-6yr old / 6-12yr old	\$400/Day or \$1560/4Days
Camp B	28-30/12/2022 (Total 3 Days)			\$400/Day or \$1170/3Days

\* Students are separated in group during class.



## 聖誕體操營內容

## Christmas Gym Camp Content



日期Date	日期Date	內容Content
20/12/2021(Tue二)	28/12/2021(Wed三)	健美操, 競技體操, 綜合障礙遊戲 Aerobic Gym, Artistic Gym, Obstacle Games
21/12/2021(Wed三)	29/12/2021(Thu四)	啦啦操, 競技體操, 綜合障礙遊戲 Cheering Dance, Artistic Gym, Obstacle Games
22/12/2021(Thu四)	30/12/2021(Fri五)	藝術體操, 競技體操, 綜合障礙遊戲 Rhythmic Gym, Artistic Gym, Obstacle Games
23/12/2021(Fri五)		競技體操, 綜合障礙遊戲 Artistic Gym, Obstacle Games



# Sportscene Training Centre

Centre: Tin Hau Parkview Center

Christmas Camp 2022@SPCTC

## APPLICATION FORM

Student Name: \_\_\_\_\_ (Eng) \_\_\_\_\_ (Chi)  
 Date of Birth: \_\_\_\_\_ Age: \_\_\_\_\_ Gender: M / F  
 Name of School: \_\_\_\_\_ Grade: \_\_\_\_\_  
☐ had / ☐ had not learnt gymnastics at \_\_\_\_\_ for \_\_\_\_\_ (year/month) got Badge at Level \_\_\_\_\_  
 Remarks: \_\_\_\_\_

### Information of Parent/Guardian

Name of Father: \_\_\_\_\_ Contact Tel.: \_\_\_\_\_  
 Name of Mother: \_\_\_\_\_ Contact Tel.: \_\_\_\_\_  
 Email Address: \_\_\_\_\_ ☐ I agree to receive email from Sportscene.  
 Address: \_\_\_\_\_ Home Tel: \_\_\_\_\_

### Emergency Contact

Name: \_\_\_\_\_ (Eng) \_\_\_\_\_ (Chi)  
 Contact Tel: \_\_\_\_\_ Relationship: \_\_\_\_\_

### Course Information(Please “√”select)

<input type="checkbox"/> 20/12/2022(Tue)	<input type="checkbox"/> 21/12/2022(Wed)	<input type="checkbox"/> 22/12/2022(Thu)	<input type="checkbox"/> 23/12/2022(Fri)
-----	<input type="checkbox"/> 28/12/2022(Wed)	<input type="checkbox"/> 29/12/2022(Thu)	<input type="checkbox"/> 30/12/2022(Fri)

Total Amount: \$ \_\_\_\_\_ + \$100 Annual Admin Fee

### Payment Methods:

1. Crossed cheque with payable to “SPORTSCENE LTD.” with student’s name and contact tel at the back. Post to : “27/F, Parkview center, 7 Lau Li Street, Causeway Bay, Hong Kong.”
2. Transfer to HSBC 028-416-253-838 by e-banking/Payme/FPS 64113706

(Receipt fax / email to Sportscene)

Consent Detail: I agree that my child is in health to attend the above activities. I will not hold SPORTSCENE Ltd. responsible for any injury to my child or damages or loss to property as a result of participation in these courses.

Name of

Parent/Guardian: \_\_\_\_\_ Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Sportscene Hotline: **2757-4324** Fax: **2549-6041** Website: **[www.sportscene.com.hk](http://www.sportscene.com.hk)**

Office Hour: **Mon to Sat (9:00am to 8:00pm)**

Spaces are limit and first come first serve!

## **TERMS & CONDITIONS OF REGISTRATION**

Course Fee

**Christmas Camp 2022@SPCTC**

1. Administration Fee will be charged per annum for all sports program.
2. Fees paid are non-refundable and non-transferable unless a class is full or cancelled
3. The Centre reserves the right to make personnel changes in accordance with their administration needs. The Centre will not entertain parents' complaints or request for refund of school fees as a result of such personnel changes.
4. In case of insufficient enrollment for a class/course, the Centre reserves the right to cancel the class/course. Parents will be notified in such a case

### Absence and Substitute Lessons

1. No substitute lessons or refund of fees will be arranged in cases of absence or withdrawal from the course.

### Disclaimer

1. The Centre shall not be responsible or liable for any loss or damage to any property which took place at the Centre.
2. Timetables, fees and terms & conditions are subject to change without prior notification.
3. The Centre retains the copyright of all images and videos taken of enrolled students during classes. The Centre reserves the right to exhibit, publish or broadcast images or videos taken of enrolled students for public viewing. Students and parents may contact the Centre if they object to such uses.
4. Notwithstanding the above, in case of any dispute, the decision of the Centre shall be final.

### Arrangements for Tropical Cyclones and Heavy Persistent Rain

1. If Typhoon No. 8 or Black Rainstorm warning is hoisted 2 hours before the lesson, then the class will be suspended with no refund or make-up classes.
2. If Typhoon No. 8 or Black Rainstorm warning is cancelled, all classes will remain normal after 2 hours. Parents can decide whether attend the class or not. Sportscene has the rights in deciding whether the class on or not depends on specific circumstances in venue.

### Email Disclaimer

1. The information in this and any emails sent by Sportscene Limited and any attachment is confidential and intended solely for the attention and use of the named addressee(s). This information may be subject to legal, professional or other privilege and further distribution of it is strictly prohibited without our authority.
2. If you are not the intended recipient, you may not read, print, copy, distribute or disclose its content to any person or entity, use it for any purpose or store or copy the information in any medium.
3. If you have received it in error, please notify the sender immediately and delete the message from your system(s).
4. Attachments to email messages may contain viruses that may damage your system. Whilst we have taken every reasonable precaution to minimise this risk, we cannot accept any liability for any damage which you sustain as a result of these factors. You are advised to carry out your own virus checks before opening any attachment.
5. Sportscene will not use the email address as merchandise or re-sell purpose.
6. Incoming and outgoing email messages are routinely monitored for compliance with our policy on the use of electronic communications.

Student's Name: \_\_\_\_\_ Date: \_\_\_\_\_

Name of Parent/Guardian: \_\_\_\_\_ Signature: \_\_\_\_\_

~End of the application~

**Please return 2 pages for enrollment.**