

體育先鋒





暑期活力動感體操班 2022

暑期將至,為了讓小朋友有一愉快充實的假期,本機構將於暑假舉行活力動感體操班。本課程透過遊戲及各種活動,訓練學員的正確跑姿、跳姿、平衡能力、柔軟體操及基本翻騰動作等。並使學員領略群體合作精神及能培養兒童的敏銳感、成功感、自律性及自信心。本課程歡迎 3-12 歲之不同國籍學員參加,教師以英語、國語及粵語授課,導師將根據各學員的年齡、程度編入不同的組別。本課程與小學體育課程銜接。

課程目的:

本課程透過專業訓練,令學員在暑假期間有一健康的課外活動,促使身心均衡發展,培養良好的運動習慣。**出席率逾80%之學員可獲發證書乙張,證書將於最後一堂頒發**



教練師資:

本機構之課程總監及體操總教練鄺美芳小姐 MAY,1986 年亞運代表,1987 年世界錦標賽代表,1989 年聯邦運動會代表,1986-89 年全港體操個人全能冠軍獎及 1989 年更榮獲可口可樂十大傑出運動員,現更為英國及香港業餘體操協會教練及考官,廣州體育學院教師協會會員。所有 **SPORTSCENE** 教練亦經過專業訓練,具豐富教學經驗,著重兒童心理及生理發展。

級別	年齡	上課時間	星期	日期	費用	
Level 1A	3-5 歲	1:30-2:30pm	→ m	第一期: 28/6/2022-14/7/2022		
Level 1B	6-12 歲	2:30-3:30pm	二、四	第二期: 19/7/2022-4/8/2022 第三期:9/8/2022-25/8/2022		
Level 1A	3-5 歲	10:00-11:00am		第一期: 4/7/2022-15/7/2022 第二期: 18/7/2022-29/7/2022	\$1260/每期6堂	
Level 1B	6-12 歲	11:00-12:00nn	一、三、五	第三期:1/8/2022-12/8/2022 第四期:15/8/2022-26/8/2022		

課程內容:

Level 1A (3-5 歲) – 學習基本體操動作,如身體控制、平衡、跳步、一字碼、拱橋、滾翻動作、體能活動及遊戲。

Level 1B (6-12 歲) —學習基本體操動作,如前後滾翻、側手翻、手倒立、轉體動作及基本器械訓練,如平衡木、跳箱、彈網及體能訓練等等。

上課地點: 天后琉璃街七號柏景中心二十七樓(體育先鋒) 查詢電話: 2757 4324 傳真號碼: 2549 6041

體育先鋒網址: www.sportscene.com.hk

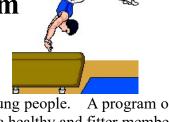


Sportscene



Summer Gymnastics Program

2022



In today's society there is a need for physical activity in the development of young people. A program of regular exercise is absolutely necessary for your child to grow and develop into a healthy and fitter member of the community. We use English, Putonghua and Cantonese as the communication media. Children are grouped into different classes according to their ages and level. Through games and activities, children can learn team spirit, develop a positive learning attitude and strengthen their penetration, gratification and satisfaction. The course matches with the primary physical education syllabus.

Our Mission:

We strive to provide professional gymnastics programs and enhance overall physical, cognitive, social and mental well being of your child. Gymnasts attend more than 80% can be awarded a certificate at the last lesson.



Our Coaches:

Ms. May Kwong, a member of the HK Gymnastics Representative Squad, representative at the Asian Games 1986, the World Gymnastics Championship 1987, the Commonwealth Games 1990, All-around Champion in HK Open Gymnastics Competition 1986-1989 and Coca-Cola Outstanding Award 1989. All our coaches are dedicated to helping your child associate exercise with having a great time and developing a lifelong habit of keeping physically fit.

Class	Age	Time	Day	Term	Fee
Level 1A	3-5yr	1:30-2:30pm	T. 0 T.	1st Term: 28/6/2022-14/7/2022	
Level 1B	6-12yr	2:30-3:30pm	Tue & Thu	2 nd Term: 19/7/2022-4/8/2022	
Level 1D	0-12y1	2.30-3.30pm		3 rd Term:9/8/2022-25/8/2022	\$1260/Term (6lesson)
Level 1A	3-5yr	10:00-11:00am		1 st Term: 4/7/2022-15/7/2022	
20101111			Mon, Wed	2 nd Term: 18/7/2022-29/7/2022	
Level 1B	6-12yr	11:00-12:00nn	& Fri	3 rd Term:1/8/2022-12/8/2022	
				4 th Term:15/8/2022-26/8/2022	

Class Content:

Level 1A (Age 3-5) – Emphasis is placed upon form, flexibility, strength, and basic floor exercise such as forward, backward roll, basic jump, balance and landing skills.

Level 1B (Age 6-12) – Control strength development of handstand position, power and technique in cartwheel, handstand forward roll, and the combination of all single movement.

Training Center: 27/F Parkview Center, 7 Lau Li Street, Causeway Bay

Enquiry Tel: 2757 4324 Fax: 2549 6041

Sportscene website: www.sportscene.com.hk



體育先鋒訓練中心

Summer 2022

上課地點: 天后柏景中心

學生姓名: (中) 出生日期: 年齡: 性別: 男/ 就讀學校: 年級: 年級: □曾/□不曾 参加體操訓練班(訓練地點 期間 考核級別 備註欄: 交長/監護人資料 父親姓名: 聯絡電話: 母親姓名: 聯絡電話: 電郵地址: □本人同意以此電郵收取本公司資地址: 性址電話: 住址電話:	申請表							
出生日期:	_(英)							
□曾/□不曾 參加體操訓練班(訓練地點								
### ### ### ### ### ### ### ### ### ##								
<u>家長/監護人資料</u> 父親姓名:	_)							
父親姓名:								
電郵地址:								
地址:	資訊							
緊急聯絡資料								
姓名:(中文)(En	ıglish)							
電話與學生關係								
<u>報讀課程</u> 上課日期: 逢星期 時間:下午/上午開始日期:								
上課日期: 逢星期 時間:下午/上午開始日期:								
繳費方法	以 更广							
1. 支票抬頭請寫 (體育先鋒有限公司) 背後寫上學生姓名及聯絡電話,								
郵寄地址: 香港銅鑼灣天后琉璃街 7 號柏景中心 27 字樓.								
2. 存入匯豐銀行 028-416-253-838 連學費收據一併傳真到本公司.								
本人聲明敝子弟	疏忽或							
健康體能欠佳,而引致於參加這項運動時傷亡,體育先鋒或其職員將無需負責.								
家長及監護人姓名:								

報名須知

學書

- 1. 每年繳交行政費一次(需報讀同一中心)。
- 2. 已繳交的學費,除課程額滿或取消外,一概不予退還或轉讓。
- 3. 本中心有權因行政理由而更改任教之導師,家長不得爭議或要求退款。
- 4. 公眾假期停課。
- 5. 如報名人數不足,本中心有權取消課程,中心職員會致電通知家長。

缺席、扣堂或補堂

- 1. 如學員缺課,將不會獲發還該堂之學費或補堂。
- 2. 如當天未能出席課堂者,必須於上課前以電郵/傳真/親臨本中心遞交請假紙。
- 3. 如沒有請假紙的缺席課堂將不獲安排補課。
- 4. 暑期班不設扣堂。
- 5. 一經請假,學生不可於當日安排補課;未經通知自行前往上課者,本中心將有權拒絕其上課安排。
- 6. 暑期班補課必須於該學期內安排,並必須預先以文字遞交補堂申請,逾期會被自動取消(本中心擁有最終 補課安排決定權)。

免責聲明

- 1. 任何於本中心內發生之財物損失或毀壞,"Sportscene Limited"概不承擔任何義務、責任 或法律責任。
- 2. 所有課程時間表、學費或條款上的更改將不作事先通知。
- 3. 本中心保留刊登參加者活動照片之權利。本中心將可能把有關相片或錄像公開展出、刊登或播放, 若 參加者不希望在活動及興趣課程時被拍攝,可直接向活動負責人反映。
- 4. 如有任何爭議,本中心保留一切最終決定權。
- 5. 本中心會為部份小組進行攝、錄影,以作紀錄及宣傳之用。如參加者不欲攝入鏡頭內,請通知本中心職員,以作妥善安排。此外為保障私隱,家長自行錄影及拍照前請告知本中心職員,請勿將其他人士攝入鏡頭內,亦需避免阻延活動進行。

颱風及暴雨安排

- 1. 如天文台於課程前兩小時已懸掛八號或以上颱風訊號或黑色暴雨警告訊號,該節課堂將會停課,並不作 另行補課;
- 如天文台除下黑色暴雨訊號或八號颱風訊號後,所有課程將於兩小時後恢復正常。家長亦須因應各自身情況而自行決定上課,而本公司亦有權因應個別場地情況作出特別安排。

雷郵免責聲明

- 1. 本聲明內所有資訊及體育先鋒有限公司發出的任何電郵及任何附件均屬機密性質,並僅供指定收信人收取及使用。
 - 本資訊受法律、專業或其他特權所規限。未經授權,禁止對外分發。
- 2. 若您並非準收件人,則不得閱讀、列印、複製、分發或披露本內容予任何人士或實體、用作任何目的或在任何媒介中複製有關資訊。
- 3. 若錯誤收到此訊息,請立即通知寄件人,並從您的所有系統中刪除訊息。
- 4. 電郵訊息的附件或載有損害您系統的病毒。我們已採取所有適當預防措施,將風險減至最少,但我們不會為您因該等因素而引致的任何損害承擔任何責任。我們建議您開啟任何附件前先自行執行病毒檢查。
- 5. 本公司絕不會把電郵地址用作推銷及轉售用途。

* 若對有關上課情況有任何疑問,請致電本中心向職員查詢

- 6. 我們遵從有關使用電子通訊的政策規定,例行監察收取及送出的電郵訊息。



Sportscene Training Centre

Summer 2022

Centre: Parkview Centre – Tin Hau

APPLICATION FORM

Student Name:		(Eng)	(Chi)
Date of Birth:		Age:	Gender: M / F
Name of School:			Grade:
□had /□had not leant gymnastics at	for	(year/month)got Ba	ndge at Level
Remarks:			
Information of Parent/Guardian			
Name of Father:		Contact Te	1.:
Name of Mother:		Contact Te	1.:
Email Address:		□I agree to receiv	e email from Sportscene.
Address:		Home T	el:
Emergency Contact			
Name:		(Eng)	(Chi)
Contact Tel:		Relationship:	
Course Information			
Course Schedule: Every	_ Time:	Commencement	Date:
Course Schedule: Every	_ Time:	Commencement	Date:
	Tot	al Amount: \$	+\$100 Annual Admin Fee
Payment Methods:		1 . 1 . 2	
1. Crossed cheque with payable to "Sl "27/F, Parkview center, 7 Lau Li S			ontact tel at the back. Post to
2. Transfer to HSBC 028-416-253-838	•		
Consent Detail: I agree that my child	is in health to attend the	above activities. I will	not hold SPORTSCENE Ltd
g ,			as a result of participation in
these courses.			1 1
Name of			
Parent/Guardian:	Signature:	Date:	

Sportscene Hotline: 2757-4324 **Fax:** 2549-6041 **Website:** <u>www.sportscene.com.hk</u>

Office Hour: Mon to Sat (9:00am to 8:00pm)

Spaces are limit and first come first serve!

TERMS & CONDITIONS OF REGISTRATION

Course Fee

- 1. An administration Fee will be charged per annum for all sports program at the same center.
- 2. Fees paid are non-refundable and non-transferable unless a class is full or cancelled
- 3. The Centre reserves the right to make personnel changes in accordance with their administration needs. The Centre will not entertain parents' complaints or request for refund of school fees as a result of such personnel changes.
- 4. No lessons on Public Holidays
- 5. In case of insufficient enrollment for a class/course, the Centre reserves the right to cancel the class/course. Parents will be notified in such a case

Absence and Substitute Lessons

- 1. No substitute lessons or refund of school fees will be arranged in cases of absence without leave, absence due to sickness or withdrawal from the course.
- 2. Please send the written absent notice by fax/email/hand before class if a student cannot attend his/her class.
- 3. No substitute lessons can be arranged if there is no written absent notice.
- 4. No deduction of tuition fee for unattended lesson(s).
- 5. Once absent has been remarked on a date, no substitute lesson can be made on the same day. The center has the right to reject any comers without notification.
- 6. Substitute lessons have to be made within the term of program. Expired substitute lesson will be cancelled automatically. The Centre reserves the right to determine arrangements for substitute lessons at their own discretion.

Disclaimer

- 1. The Centre shall not be responsible or liable for any loss or damage to any property which took place at the Centre.
- 2. Timetables, fees and terms & conditions are subject to change without prior notification.
- 3. The Centre retains the copyright of all images and videos taken of enrolled students during classes. The Centre reserves the right to exhibit, publish or broadcast images or videos taken of enrolled students for public viewing. Students and parents may contact the Centre if they object to such uses.
- 4. Notwithstanding the above, in case of any dispute, the decision of the Centre shall be final.
- 5. We will take photos or video for our record and promotional use. For those who don't want to be photographed, please feel free to inform us in advance. Under the privacy policy, photo taking is prohibited unless further permission. To avoid any inconvenience, please do not photograph someone else in the photo/video.

Arrangements for Tropical Cyclones and Heavy Persistent Rain

- 1. If Typhoon No. 8 or Black Rainstorm warning is hoisted 2 hours before the lesson, then the class will be suspended with no refund or make-up classes.
- 2. If Typhoon No. 8 or Black Rainstorm warning is cancelled, all classes will remain normal after 2 hours. Parents can decide whether attend the class or not. Sportscene has the rights in deciding whether the class on or not depends on specific circumstances in venue.

Email Disclaimer

- 1. The information in this and any emails sent by Sportscene Limited and any attachment is confidential and intended solely for the attention and use of the named addressee(s). This information may be subject to legal, professional or other privilege and further distribution of it is strictly prohibited without our authority.
- 2. If you are not the intended recipient, you may not read, print, copy, distribute or disclose its content to any person or entity, use it for any purpose or store or copy the information in any medium.
- 3. If you have received it in error, please notify the sender immediately and delete the message from your system(s).
- 4. Attachments to email messages may contain viruses that may damage your system. Whilst we have taken every reasonable precaution to minimise this risk, we cannot accept any liability for any damage which you sustain as a result of these factors. You are advised to carry out your own virus checks before opening any attachment.
- 5. Sportscene will not use the email address as merchandise or re-sell purpose.
- 6. Incoming and outgoing email messages are routinely monitored for compliance with our policy on the use of electronic communications.

Name of			
Parent/Guardian:	Signature:	Date:	

~End of the application~