



Class Schedules

Tsuen Wan Training Center: **The Discovery Park Residential Club**

Gymnastics Training Times: Wed 4:30pm-7:00pm

Information & Application Method : [Only for member accompany guest only]

For queries, please contact us at 27574324.

Ma On Shan Training Center: **The Vista Paradiso Club**

Gymnastics Training Times: Wed 4:30pm-7:30pm

Information & Application Method : [For member and accompany guest only]

For queries, please contact us (Tel: 27574324).

Sha Tin Training Center: **HKFYG Jockey Club Jat Min Youth S.P.O.T.**

Gymnastics Training Times: Sat 10:00am-1:00pm

Information & Application Method : For queries, please contact us at 27574324.

Sha Tin Training Center: **The Castello Club**

Gymnastics Training Times: Fri 5:30pm - 8:00pm

Information & Application Method : [For member and accompany guest only]

For queries, please contact us at 27574324.