



## Class Schedules

Location: Tin Hau

Training Center: Parkview Center

Activities: Gymnastics

Training Times: Mon-Sat 9:00am - 8:30pm & Sun 1:00pm - 4:00pm

Information & Application Method: For enquiry, please call us at 27574324.

Click [here](#) for Class Schedule & Application Form

Location: Causeway Bay

Training Center: South China Athletic Association

Activities: Gymnastics

Training Times: Tue 6:00pm-8:00pm; Sat 2:00pm-4:30pm & Sun 10:00am-12:30pm

Activities: Trampoline

Training Times: Sat 4:30pm-6:30pm

Information & Application Method: For queries, please contact us at 27574324 or 25775367.

SCAA Website: <http://www.scaa.org.hk/index.php/Courses/detail/nl>

Location: Happy Valley

Training Center: Hong Kong Jockey Club

Activities: Gymnastics

Training Times: Thu 4:15pm-6:00pm

Information & Application Method : [For members and accompany guest only]

For queries, please contact the club.

Location: Cyberport

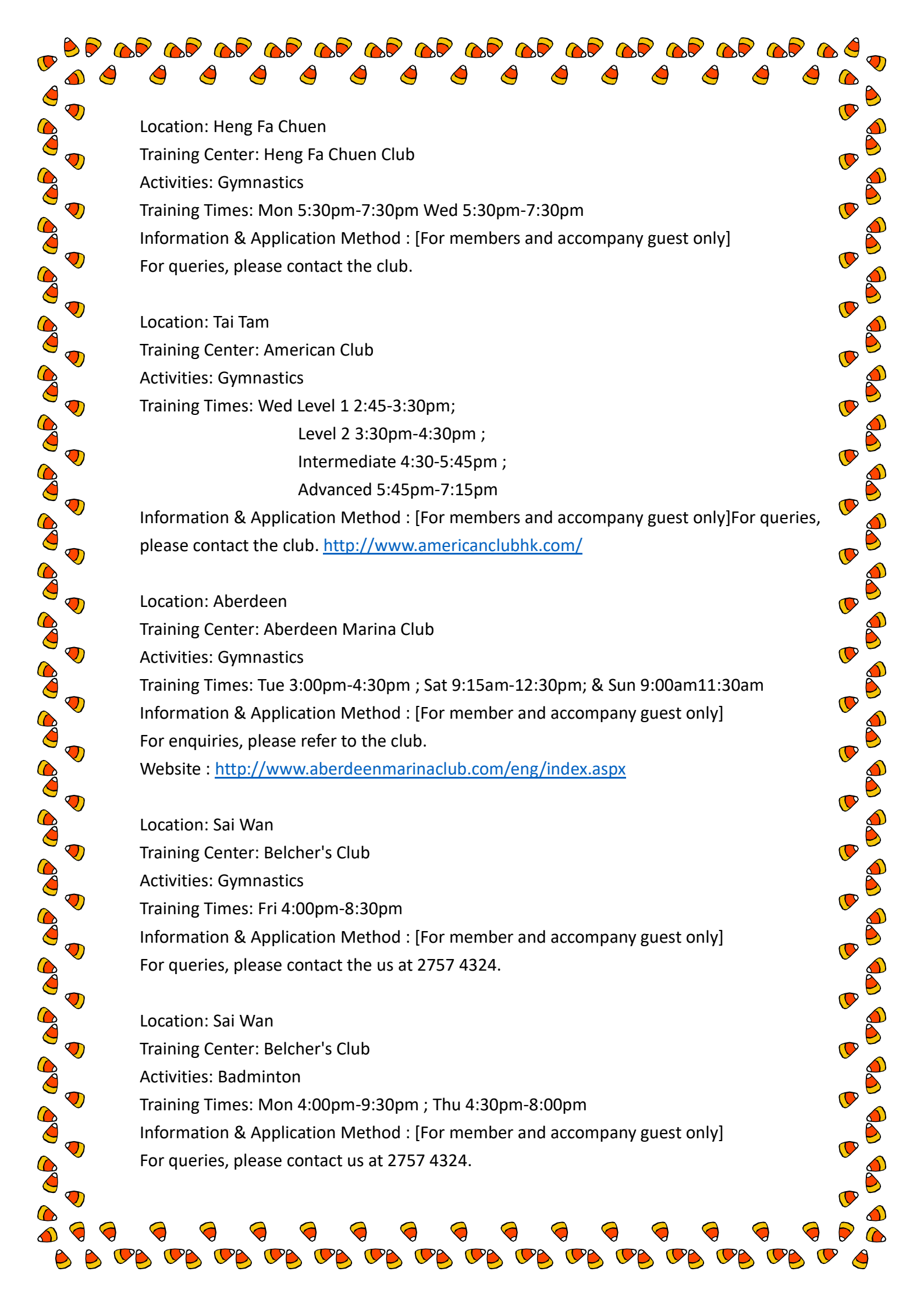
Training Center: Bel-Air Club

Activities: Gymnastics

Training Times: Tue 3:15pm-7:30pm

Information & Application Method : (For members only)

For enquiry, please contact us at 27574324.



Location: Heng Fa Chuen  
Training Center: Heng Fa Chuen Club  
Activities: Gymnastics  
Training Times: Mon 5:30pm-7:30pm Wed 5:30pm-7:30pm  
Information & Application Method : [For members and accompany guest only]  
For queries, please contact the club.

Location: Tai Tam  
Training Center: American Club  
Activities: Gymnastics  
Training Times: Wed Level 1 2:45-3:30pm;  
Level 2 3:30pm-4:30pm ;  
Intermediate 4:30-5:45pm ;  
Advanced 5:45pm-7:15pm  
Information & Application Method : [For members and accompany guest only]For queries,  
please contact the club. <http://www.americanclubhk.com/>

Location: Aberdeen  
Training Center: Aberdeen Marina Club  
Activities: Gymnastics  
Training Times: Tue 3:00pm-4:30pm ; Sat 9:15am-12:30pm; & Sun 9:00am-11:30am  
Information & Application Method : [For member and accompany guest only]  
For enquiries, please refer to the club.  
Website : <http://www.aberdeenmarinaclub.com/eng/index.aspx>

Location: Sai Wan  
Training Center: Belcher's Club  
Activities: Gymnastics  
Training Times: Fri 4:00pm-8:30pm  
Information & Application Method : [For member and accompany guest only]  
For queries, please contact the us at 2757 4324.

Location: Sai Wan  
Training Center: Belcher's Club  
Activities: Badminton  
Training Times: Mon 4:00pm-9:30pm ; Thu 4:30pm-8:00pm  
Information & Application Method : [For member and accompany guest only]  
For queries, please contact us at 2757 4324.