

## **Class Schedules**

### **Information & Application Method:**

- **Programs in Schools**
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**Location:** Shek Mun  
**Training Center:** ICS Elementary School  
**Activities:** Gymnastics  
**Training Times:** Fri 3:15pm-4:30pm  
**Information &  
Application Method :** Please refer to the school for application

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**Location:** Aberdeen  
**Training Center:** Singapore International School  
**Activities:** Gymnastics  
**Training Times:** Mon 9:10-11:30 Wed 8:30-11:30 Mon & Wed 3:00pm-4:30pm  
**Information & [For SIS students only]**For queries, please contact us  
**Application Method :** (Tel: 27574324) or the school(Tel: 2872 0266 ).  
<http://www.singapore.edu.hk/En/Pub/index.aspx>

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**Location:** Mong Kok  
**Training Center:** Pui Ching Primary School  
**Activities:** Gymnastics  
**Training Times:** Wed & Fri 4:00pm-5:30pm P.1-2 Sat 9:00am-10:00am  
K2-K3 Sat 10:00am-11:00am K1 Sat 11:00am-12:00nn  
**Information & [For Pui Ching students only]**For queries, please  
**Application Method :** contact us (Tel: 27574324) or the school(Tel: 27142562).  
<http://www.pcps.edu.hk/>

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**Location: North Point -North Point Methodist Church  
Kindergarten & Say Nursery**

**Training Center: Parkview Center**

**Activities: Gymnastics**

**Training Times: Tue 3:30pm-4:30pm / 4:30pm-5:30pm Wed 3:00pm-4:00pm**

**Information & [For school students only]For queries, please contact  
Application Method : us (Tel: 27574324) or the school(Tel: 25787913).  
<http://www.npmc.edu.hk/home.htm>**

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**Location: Kowloon Bay**

**Training Center: Christian Little AngelKindergarten/Nursery(Richlan**

**Activities: Gymnastics**

**Training Times: Thu 4:15pm-5:15pm**

**Information & [For school students only]For queries, please contact  
Application Method : us (Tel: 27574324) or the school(Tel: 27550198).  
<http://www.clakrg.edu.hk/>**

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**Location: Fo Tan**

**Training Center: International Christian School Kindergarten**

**Activities: Gymnastics**

**Training Times: Tue 3:25pm-4:25pm, Tue 3:25pm-4:25pm**

**Information &  
Application Method : [For school students only], [For school students only]  
<http://www.ics.edu.hk/En/Pub/index.aspx>,**

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**Location: Mong Kok**  
**Training Center: St. Rose of Lima's School**  
**Activities: Gymnastics**  
**Training Times: Team Training: Fri 2:05pm-3:20pm Interest Class: Fri 3:25pm-4:40pm**  
**Information & [For school students only]For queries, please contact us (Tel: 27574324) or the school(Tel: 23382807).**  
**Application Method : <http://www.srols.edu.hk/index/index.htm>**

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**Location: Yau Tong**  
**Training Center: Fukien Secondary School Affiliated School**  
**Activities: Gymnastics**  
**Training Times: Mon-Fri 3:45pm-5:45pm**  
**Information & [For school student only]For queries, please contact us (Tel: 27574324) or the school(Tel: 26060670).**  
**Application Method : <http://www.fssas.edu.hk/>**

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