



Sportscene Inter-school Gymnastics Preliminary Competition

cum

All Hong Kong Open & Novice Gymnastics Preliminary Competition 2019

2019年度體育先鋒學界體操預備賽

暨

全港公開及新秀體操預備賽

COMPETITION RUN DOWN 比賽流程表

6 Jan 2019(Sun)

丙組 C Group					
0800-0820	登記Registration				
0820-0840	第一輪熱身1st Round Warm Up				
0850-1000	第一輪比賽Round One				
	跳箱VT	自由體操FX	自由體操FX	跳箱VT	
	女子丙1組 (PGC1)	女子丙2組 (PGC2)	女子丙3組 (PGC3)	女子丙4組 (PGC4) 男子丙組 (PBC)	
1000-1020	第二輪熱身2nd Round Warm Up				
1020-1130	第二輪比賽Round Two				
	跳箱VT	自由體操FX	自由體操FX	跳箱VT	
	女子丙2組 (PGC2)	女子丙1組 (PGC1)	女子丙4組 (PGC4) 男子丙組 (PBC)	女子丙3組 (PGC3)	
1130-1215	頒獎禮 Award Presentation				
公開組、中小學甲乙組及中學丙組 Open Group, Secondary/Primary Grade A/B & Secondary Grade C					
1240-1300	登記Registration				
1300-1320	熱身Warm Up				
1330-1700	女子組Girl	跳箱/跳檯VT	自由體操FX	平衡木BB	高低槓UB
	Round 1	小學甲組(PGA) 公開初級(OWJ) 公開青年(OW)	小學乙組(PGB)	中學乙組(SGB) 公開新秀(OWN)	----
	Round 2	中學乙組(SGB) 公開新秀(OWN)	中學丙組(SGC)	小學乙組(PGB)	小學甲組(PGA) 公開初級(OWJ) 公開青年(OW)
	Round 3	中學丙組(SGC)	中學乙組(SGB) 公開新秀(OWN)	小學甲組(PGA) 公開初級(OWJ) 公開青年(OW)	----
	Round 4	小學乙組(PGB)	小學甲組 (PGA) 公開初級(OWJ) 公開青年(OW)	----	----
	男子組Boy	跳箱/跳檯VT	自由體操FX	單槓HB	雙槓PB
	Round 1	----	----	小學乙組(PBB)	----
	Round 2	中學丙組(SBC) 小學乙組(PBB) 中學甲組(SBA)	----	----	----
	Round 3	----	中學丙組(SBC) 小學乙組(PBB) 中學甲組(SBA)	----	----
	1700-1800	頒獎禮 Award Presentation			

Table of comparison of group 比賽組別對照表:**Inter-school Competition 學界比賽:**

Girl 女子(G)/ Boy 男子(B)	Grade C 丙組 (C)	Grade B 乙組 (B)	Grade A 甲組 (A)
Primary 小學(P)	PGC1 / PGC2 / PGC3 / PDC4/ PBC	PGB / PBB	PGA / PBA
Secondary 中學(S)	SGC / SBC	SGB / SBB	SGA / SBA

Open & Novice Competition 公開及新秀比賽:

Women 女子(W)/ Men 男子(M)	Novice 新秀(N)	Junior 初級(J)	Youth 青年
Open 公開(O)	OWN / OMN	OWJ / OMJ	OW / OM

Remark 特別注意:

- Competition run down should be adjusted depends on the actuality.
比賽時間可能會因應比賽當日進行，流程將有所更變，敬請留意。
- There will have roll call from marshal in order to arrange separate warm up and competition for groups.
屆時司令台將召集學員分組進行熱身
- We highly recommend gymnasts join the whole competition in order to widen the eye-sight, inspect and learn from other gymnasts.
建議學員能全程參與整個比賽，從而觀摩其他學員技術表現，擴闊視野。
- Gymnasts name list has been uploaded on Sportscene website.
運動員編號已上載於體育先鋒網頁。

A. Notice before competition 比賽前應注意事項:

1. Competition Venue: Australia International School Hong Kong, 4/F Gymnasium
(Address: 3A Norfolk Road, Kowloon Tong, Kowloon, Hong Kong)
比賽地點: 九龍塘香港澳洲國際學校四樓體育館 (地址: 九龍九龍塘羅福道 3A)
2. Please register at **4/F Gymnasium** according to the competition schedule. For the gymnasts only enrolled in one event can register to the coach before the warm up section.
所有參賽者請於比賽流程時間表所列之時間往四樓體育館登記。如運動員只參加一個項目，可於該項目比賽熱身前到達會場共向該組教練報到。
3. Please check the spelling of your children's name and fax/email the correct spelling to our office on or before **Dec 24** if it is inaccurate so as to facilitate the issue of certificates of participation.
請各家長核對列印之姓名資料，如有錯漏請於 24/12 或之前傳真本頁之更新版致本公司，以便發出參與證書。
(Tel 電話:27574324, Fax 傳真:25946041, Email 電郵:enquiry@sportsceneltd.com)
4. Each participated gymnast should be awarded a piece of participate certificate and will be distributed during the gymnastic class after competition.
每位參賽者均可獲頒發參與證書乙張，並將於比賽後隨堂派發。
5. For the gymnasts, please bring along your gymnastics uniform. Please refer to the coaches or office to order the uniform before the competition day.
請參加比賽之學員自備體操衣及技巧鞋。如學員需要訂購體操衣或技巧鞋，請盡早於比賽日前向教練或致電寫字樓查詢。
6. Given the limited seats of the venue and the huge number of spectators, each participant should bring no more than 2 spectators to the event.
由於參觀者人數眾多，場地空間有限，因此位參賽者最多可攜同 2 名參觀者出席。
7. There is no objection to the competition result.
本賽事將不設上訴。

B. Gymnasts' Cloth 運動員比賽號碼布

1. Please bring along the Gymnast Cloth attached to the competition venue. Re-issuing of gymnasts' cloth costs HK\$10@.
請於比賽當日帶備附件號碼布，如有遺失，請於比賽當日以 HK\$10@補領。
2. Gymnasts are recommended to wear gymnastics uniform for competition. Please put on the gymnast cloth at the back.
There is no appliance provided in the convention.
參加者可穿著體操衣參加比賽，並請於體操衣背面扣上號碼布。會場將不設其他用具提供。
3. Gymnasts who has enrolled in Girls Grade A / Open Floor Exercise Event, must submit the background music (soft copy) to the related coach. For those who can't submit may be failure to the event.
參加了女子甲/公開組自由體操項目之運動員，必須將音樂交給所屬教練，如未能依上列要求提供比賽音樂者，大會有權取消其參賽資格。

C. Awards 獎項

Only Individual Single Event Award is given to Grade C Groups.
丙組只設個人單項獎項。

D. Notice during Competition 比賽場內外應注意事項

1. For any enquiries, please refer to the staff at the marshal.
如有任何疑問，請與職員/司令台聯絡。
2. To avoid disturb to other audiences, please do not place any materials on the chairs to occupy the seat or stand on the chair. 為免影響其他觀眾，請勿把物品佔據座椅，更不應站在座椅上。
3. In order to prevent any disrupt, no flash light is allowed during competition.
為免影響運動員的比賽，拍照及攝錄期間，嚴禁使用閃光燈。
4. Unless those who is authorized by the convention, no one can take movie or photos in the competition zone.
除大會授權人仕外，請勿在比賽場區內拍照及攝錄。
5. Please take care of all the belongings and take extra more care with the children. The convention does not have the responsibility for any loss. 由於比賽人數眾多，請各位自行保管隨身物品及照顧同行小童之安全，大會概不負責。
6. No eating, running, laughing inside the hall and please keep the place clean.
在場館內嚴禁飲食、奔跑、喧嘩、並請保持環境清潔。
7. Please be advised that no other areas of the school except the Multi Purpose Hall 4/F and the registration area 1/F should be accessed at any time. 除比賽場地(四樓體育館)外，請勿進入其他地方或課室。
8. There will be NO car parking spaces available for parents entering the Australian International School Hong Kong. Parents are recommended to park their car in the Norfolk Road car park outside the school area or Festival Walk Shopping Mall. 該比賽場地不設停車場，家長可將車輛停泊在附近之咪錶車位或又一城商場之停車場。

Useful Information

有用資料

運動員名單(以組別排列)

Gymnasts Name List (by competition group)

運動員名單(以學校名排列)

Gymnasts Name List (by school name)

All HK Inter-Primary Schools Competitions

全港小學學界體操比賽

Competition Date 比賽日期: 13,14 Apr 2019

(資料以 HKSSF 公布為準)

27,28 Apr 2019

(actual schedule according to HKSSF)

1 Jun 2019



General Rules

比賽章程

All HK Inter-Secondary Schools Competitions

全港中學學界體操比賽

Competition Date 比賽日期: 27,28 Apr 2019

(資料以 HKSSF 公布為準)

2 Jun 2019

(actual schedule according to HKSSF)



General Rules

比賽章程

All Hong Kong Open & Novice Gymnastics Competition cum International Invitational

全港競技體操公開及新秀比賽暨國際邀請賽

Please visit the GAHK website for details

詳情請參閱中國香港體操總會網頁



Contact Us 聯絡我們

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