

# Class Schedules

## Information & Application Method:

- **Programs in Schools**
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**Location: Shek Mun**

**Training Center: ICS Elementary School**

**Activities: Gymnastics**

**Training Times: Fri 3:15pm-4:30pm**

**Information &  
Application Method : Please refer to the school for application**

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**Location: Aberdeen**

**Training Center: Singapore International School**

**Activities: Gymnastics**

**Training Times: Mon 9:10-11:30 Wed 8:30-11:30 Mon & Wed 3:00pm-4:30pm**

**Information & [For SIS students only]For queries, please contact us  
Application Method : (Tel: 27574324) or the school(Tel: 2872 0266 ).**

**<http://www.singapore.edu.hk/En/Pub/index.aspx>**

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**Location: Mong Kok**

**Training Center: Pui Ching Primary School**

**Activities: Gymnastics**

**Training Times: Wed & Fri 4:00pm-5:30pm P.1-2 Sat 9:00am-10:00am  
K2-K3 Sat 10:00am-11:00am K1 Sat 11:00am-12:00nn**

**Information & [For Pui Ching students only]For queries, please  
Application Method : contact us (Tel: 27574324) or the school(Tel: 27142562).**

**<http://www.pcps.edu.hk/>**

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**Location: Mong Kok**

**Training Center: St. Rose of Lima's School**

**Activities: Gymnastics**

**Training Times: Team Training: Fri 2:05pm-3:20pm Interest Class: Fri  
3:25pm-4:40pm**

**Information & [For school students only]For queries, please contact  
Application Method : us (Tel: 27574324) or the school(Tel: 23382807).**

**<http://www.srols.edu.hk/index/index.htm>**

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**Location: Yau Tong**

**Training Center: Fukien Secondary School Affiliated School**

**Activities: Gymnastics**

**Training Times: Mon-Fri 3:45opm-5:45pm**

**Information & [For school student only]For queries, please contact us  
Application Method : (Tel: 27574324) or the school(Tel: 26060670).**

**<http://www.fssas.edu.hk/>**

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**Location: Tsuen Wan**

**Training Center: Shak Chung Shan Memorial Catholic Primary School**

**Activities: Gymnastics**

**Training Times: Tue 3:25pm-4:40pm**

**Information & [For school students only]For queries, please contact  
Application Method : us (Tel: 27574324) or the school(Tel: 24086373).**

**<http://www.scs.edu.hk/schoolnet/SchoolIntro.aspx>**

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**Location: North Point -North Point Methodist Church  
Kindergarten & Say Nursery**

**Training Center: Parkview Center**

**Activities: Gymnastics**

**Training Times: Tue 3:30pm-4:30pm / 4:30pm-5:30pm Wed 3:00pm-4:00pm**

**Information & [For school students only]For queries, please contact  
Application Method : us (Tel: 27574324) or the school(Tel: 25787913).**

**<http://www.npmc.edu.hk/home.htm>**

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**Location: Kowloon Bay**

**Training Center: Christian Little AngelKindergarten/Nursery(Richlan**

**Activities: Gymnastics**

**Training Times: Thu 4:15pm-5:15pm**

**Information & [For school students only]For queries, please contact  
Application Method : us (Tel: 27574324) or the school(Tel: 27550198).**

**<http://www.clakrg.edu.hk/>**

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**Location: Fo Tan**

**Training Center: International Christian School Kindergarten**

**Activities: Gymnastics**

**Training Times: Tue 3:25pm-4:25pm, Tue 3:25pm-4:25pm**

**Information &  
Application Method : [For school students only], [For school students only]**

**<http://www.ics.edu.hk/En/Pub/index.aspx>,**