

Class Schedules

Information & Application Method:

- New Territories
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Location: Tuen Mun

Training Center: The Jockey Club Tuen Mun Butterfly Beach Indoor Re

Activities: Gymnastics

Training Times: Sat 4:10pm-6:45pm

Information &

Application Method : For queries, please contact us at 27574324.

[Class Schedule and Application Form](#)

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Location: Tsuen Wan

Training Center: HKFYG Jockey Club Tsuen Wan Youth S.P.O.T.

Activities: Gymnastics

Training Times: Wed 5:15-7:45 & Sat 13:00-16:30

Information &

Application Method : For queries, please contact us (Tel: 24136669).

<http://tw.hkfyg.org.hk/>

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Location: Tsuen Wan

Training Center: The Discovery Park Residential Club

Activities: Gymnastics

Training Times: Fri 4:30pm-7:00pm

Information & [Only for member accompany guest only] For queries,

Application Method : please contact us (Tel: 27574324).

Location: Ma On Shan
Training Center: The Vista Paradiso Club
Activities: Gymnastics
Training Times: Wed 4:30pm-7:30pm
Information & [For member and accompany guest only]For queries,
Application Method : please contact us (Tel: 27574324).
<http://www.vistaparadiso.com/>

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Location: Sha Tin
Training Center: HKFYG Jockey Club Jat Min Youth S.P.O.T.
Activities: Gymnastics
Training Times: Sat 10:00am-1:00pm
Information &
Application Method : For queries, please contact us (Tel: 27574324) .
http://www.youth.gov.hk/tc/community/youth_centre/

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Location: Sha Tin
Training Center: The Castello Club
Activities: Gymnastics
Training Times: Fri 4:30pm - 9:00pm
Information & [For member and accompany guest only]For queries,
Application Method : please contact us(Tel: 27574324).
<http://www.castello.com.hk/chinese/>