

Class Schedules

Information & Application Method:

- Kowloon
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Location: Kowloon Tong

Training Center: Australian International School, Hong Kong

Activities: Gymnastics

Training Times: Mon 5:00pm-9:00pm Wed 5:45pm-9:00pm Thu 5:30pm-9:00pm Sat 9:00am-4:00pm

Information & Application Method : For queries, please call us at 27574324.

[Click here for Class Schedule & Application Form.](#)

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Location: Kowloon Bay

Training Center: Telford Recreation Club

Activities: Gymnastics

Training Times: Thu 5:30pm-8:00pm Sat 5:00pm-8:00pm

Information & Application Method : http://scec.com.hk/regular_trc.htm
[download information](#)

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Location: Tai Kok Tsui

Training Center: Metro Harbour View

Activities: Gymnastics

Training Times: Fri 6:00pm-7:00pm

Information & (For club members only) For enquiry, please contact us
Application Method : at 27574324 or the club at 34437838.

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Location: Lai Chi Kok
Training Center: The Librete Club
Activities: Gymnastics
Training Times: Tue 5:30pm-7:30pm
Information & [For member and accompany guest only]For queries,
Application Method : please contact us (Tel: 27574324).
<http://www.liberte.com.hk/html/index.htm>

Location: Tseung Kwan O
Training Center: Ocean Shore Residential Club
Activities: Gymnastics
Training Times: Thu 10:00am-11:00am & 4:00pm-8:30pm
Information & [For member and accompany guest only]For queries,
Application Method : please contact us or the club.
http://www.oceanshores.com.hk/phase3/e_con/main.ht

Location: Kwun Tong
Training Center: Laguna City Club House
Activities: Gymnastics
Training Times: Tue 10:00am-11:00am & 5:30pm-8:00pm Fri 5:30pm-8:00pm
Information & [For member and accompany guest only]For queries,
Application Method : please contact us (Tel: 27574324) or the club(Tel:27725666).
<http://www.lagunacity3.com/index.php>

Location: Kowloon
Training Center: Sorrento Clubhouse
Activities: Badminton
Training Times: Mon 5:00pm-7:00pm
Information & [For member and accompany guest only]For queries,
Application Method : please contact us (Tel: 27574324).

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Location: Kowloon

Training Center: The Waterfront Club House

Activities: Gymnastics

Training Times: Mon 5:30pm-8:30pm

**Information & [For member and accompany guest only]For queries,
Application Method : please contact us (Tel: 27574324).**